

KINGSMEAD SCHOOL NEWS

DECEMBER
2025

Physical Education Autumn Term Highlights

What an action-packed term it's been in the PE department! From welcoming our new Year 7 cohort to expanding opportunities right across the school, this autumn has been full of energy, learning, and incredible achievements.

KS4: Qualifications, Progress & Leadership

Our KS4 students have been working hard towards their BTEC Level 1 Introduction to Sport qualifications.

- Year 10 have been exploring post-16 pathways while sharpening their dodgeball technique and tactical play.
- Year 11 have been developing their organisational and leadership skills—key strengths that will support them well beyond the classroom.

KS3: Skills, Sport & New Experiences

Our KS3 students have thrown themselves into the term with enthusiasm, mastering fundamental skills and taking on a range of invasion games including Dodgeball, Handball, and Basketball. The courts and sports hall have been buzzing every week!

A special highlight for Year 7 has been the weekly cricket sessions delivered by the Derbyshire Cricket Foundation. Every Friday afternoon, students have been developing their batting, bowling, and fielding skills with expert coaching—an experience that will conclude as we head into the festive break.

Year 7 also began their new swimming programme; an essential life skill now embedded into their curriculum. Huge thanks to Julie Shelton, whose organisation and support have made this valuable opportunity possible.

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Enrichment & Extracurricular Success


Alongside our ever-popular Football and Boxercise clubs, students have had the chance to take part in some truly inspiring events.


A group of pupils attended the 'Deaflympics' at Aldercar School (Heanor), where they stepped outside their comfort zones, collaborated with deaf and hard-of-hearing peers, and embraced an inclusive sporting experience. Their confidence and teamwork were outstanding!

Our KS4 students were also invited to another local setting to take part in a fantastic partnership event with Burton & South Derbyshire College. As part of their own BTEC Level 3/4 qualifications, the college students planned and delivered a full dodgeball coaching session. Our pupils absolutely loved the experience—gaining insight into sports leadership while supporting the college learners in their assessed practical work.

Looking Ahead to the New Year

After the festive break, we have even more exciting plans lined up!

 Some of our Year 7s will be taking part in a specialised biking programme, developing confidence and road-safety awareness.

 KS4 students will soon be heading to the gym to follow a self-designed 6-week fitness programme, putting their knowledge into action and taking ownership of their health and wellbeing.